



**STAY WARM
STAY SAFE
STAY SEEN**



PPE in Winter

- ▶ **Wear the Right PPE:** Always ensure you have the appropriate personal protective equipment to stay safe in winter conditions.
- ▶ **Head Protection:** Use a winter liner under your hard hat to prevent heat loss. Remember, hoodies are not permitted as they can interfere with safety gear.
- ▶ **Footwear:** Wear suitable shoes or boots with good grip, and consider using overshoe grips to prevent slipping on icy surfaces.
- ▶ **High Visibility:** Ensure you're easily seen by wearing high-visibility PPE. Keep your clothing clean, as dirt reduces both insulation and visibility.
- ▶ **Hand Protection:** Wear gloves that meet the PPE minimum standards to keep your hands warm. This also reduces the risk of developing Hand Arm Vibration Syndrome (HAVS) when using vibratory equipment.
- ▶ **Eye Protection:** Consider using tinted safety glasses to reduce glare from low winter sunlight.
- ▶ **Hard Hat Security:** Ensure your hard hat is fitted with a chin strap to keep it secure in windy conditions.