



Slips, trips and falls in Winter

To minimise the risk of slips, trips and falls during Winter:

- ▶ **Exercise Caution:** Be extra careful in cold, wet, or slippery conditions.
- ▶ **Surface Awareness:** Watch for frost, moss, and algae on access routes, scaffolding, and sheeting that can make surfaces slick.
- ▶ **Stick to Designated Routes:** Always use designated access paths to navigate your worksite safely.
- ▶ **Clear Access Routes:** Ensure that all access routes and your work area are free from trip hazards.
- ▶ **Use Handrails:** Whenever available, utilise handrails for additional support and stability.
- ▶ **Footwear Matters:** Wear appropriate footwear with good grip to prevent slipping.
- ▶ **Keep Hands Free:** Whenever possible, keep your hands free while walking to maintain balance.
- ▶ **Maintain Housekeeping Standards:** Keep your work area tidy and organised to reduce clutter and potential hazards. Use your Toolbox Talk (TBT) to discuss specific winter-related hazards.

Did you know?

In 2022/23, slips, trips, and falls accounted for **32% of non-fatal workplace** injuries in the UK, with falls from height adding another 8%.