



Health

Support for all life's twists and turns

No two people are the same, and neither are the challenges they face day to day.

Whether you need help forming healthy habits, building resilience or dealing with stress, anxiety or financial issues, our Employee Assistance Programme can help.

We're available 24 hours a day, 365 days a year.



Download the AXA Health app or login at axabesupported.co.uk, and enter your unique access code:



Or call your 24/7 EAP helpline: